

Waipu Highland Games

A Description of the Novice Highland Heavyweight events:

Highland Stone:	A 16lb stone is thrown in the manner of a shot put
16lb Hammer:	A 16lb weight on a long cane handle is swung about the head of the competitor and thrown. Some extraordinary distances are achieved in this spectacular event.
Tossing the Caber:	<p>The quintessential Highland event that is a crowd favourite.</p> <p>14ft pole is lifted on end and thrown. It needs to be turned end for end at a perfect 12 o'clock for the best score.</p>
Tossing the sheaf:	Another crowd pleaser. The big men use a pitchfork to toss a 12lb sheaf over the high bar.
Farmers Walk:	<p>A 125lb weight is carried in each hand (that is 250 lbs in total) and the competitor walks as far as possible till he drops the weights. Another great event where the crowd gets behind and encourages from the side lines.</p> <p>Spectators are welcome to have a go too.</p>