

Athletics Programme

Running Races

Running Races start at 10:00 am sharp, no registration is required. Please arrive 10 minutes before your age groups allocated time

EVENT	TIME	EVENT NAME	1ST	2ND	3RD
1	10:00	5-6 year old girls - 50m	\$15	\$10	\$5
2	10:05	5-6 year old boys - 50m	\$15	\$10	\$5
3	10:10	7-8 year old girls - 50m	\$15	\$10	\$5
4	10:20	7-8 year old boys - 50m	\$15	\$10	\$5
5	10:25	9-10 year old girls - 75m	\$15	\$10	\$5
6	10:30	9-10 year old boys - 75m	\$15	\$10	\$5
7	10:35	11-12 year old girls - 75m	\$15	\$10	\$5
8	10:40	11-12 year old boys - 75m	\$15	\$10	\$5
9	10:45	13-14 year old girls - 100m	\$15	\$10	\$5
10	10:50	13-14 year old boys - 100m	\$15	\$10	\$5
11	10:55	16+ year old girls - 100m	\$15	\$10	\$5
12	11:00	16+ year old boys - 100m	\$15	\$10	\$5

Novelty Races

Novelty Races start after the running races have finished, no registration is required. Please arrive 10 minutes before your age groups allocated time.

EVENT	TIME	EVENT NAME	1ST	2ND	3RD
13	11:05	7-8 year old girls - 3 Legged Race - 50m	\$30	\$20	\$10
14	11:10	7-8 year old boys - 3 Legged Race - 50m	\$30	\$20	\$10
15	11:15	9-10 year old girls - 3 Legged Race - 50m	\$30	\$20	\$10
16	11:20	9-10 year old boys - 3 Legged Race - 50m	\$30	\$20	\$10
17	11:25	11-12 year old girls - 3 Legged Race - 75m	\$30	\$20	\$10
18	11:30	11-12 year old boys - 3 Legged Race - 75m	\$30	\$20	\$10
19	11:35	13-14 year old girls - 3 Legged Race - 75m	\$30	\$20	\$10
20	11:40	13-14 year old boys - 3 Legged Race - 75m	\$30	\$20	\$10
21	11:45	Women 16 and over - 3 Legged Race - 75m	\$30	\$20	\$10
22	11:50	Men 16 and over - 3 Legged Race - 75m	\$30	\$20	\$10

Break 12.00 - 1.00pm

23	1:00	7-8 year old girls - Sack Race 50m	\$15	\$10	\$5
24	1:05	7-8 year old boys - Sack Race 50m	\$15	\$10	\$5
25	1:10	9-10 year old girls - Sack Race 50m	\$15	\$10	\$5
26	1:15	9-10 year old boys - Sack Race 50m	\$15	\$10	\$5
27	1:20	11-12 year old girls - Sack Race 50m	\$15	\$10	\$5
28	1:25	11-12 year old boys - Sack Race 50m	\$15	\$10	\$5
29	1:30	13-14 year old girls - Sack Race 75m	\$15	\$10	\$5
30	1:35	13-14 year old boys - Sack Race 75m	\$15	\$10	\$5
31	1:40	Women 16 and over - Sack Race 75m	\$15	\$10	\$5
32	1:45	Men 16 and over - Sack Race 75m	\$15	\$10	\$5

Tug o War

Tug O War will commence after the Novelty Races. Please turn up 10 mins early so you don't miss out being put on a team. Teams will be randomly picked, rules and guidelines will be given to the participants on the day.

EVENT	EVENT NAME	1ST	2ND	3RD
33	Tug o War TWO TEAMS 7 - 15 year old			

Mini Highland Games

This event will start after the Tug O War so come along and have go!!! Bring a camera and get your photo taken in a kilt.

EVENT	EVENT NAME	1ST	2ND	3RD
34	Mini Highland Games Commences			
	Caber Toss 9-15 year old			
	Sheaf Toss 9-15 year old			

These games will operate on a line up and participate rotation