

Athletics Programme

Running Races

Running Races start at 10:00 am sharp, no registration is required. Please arrive 10 minutes before your age groups allocated time

| EVENT | TIME | EVENT NAME | 1ST | 2ND | 3RD |
|-------|-------|-----------------------------|------|------|-----|
| 1 | 10:00 | 5-6 year old girls - 50m | \$15 | \$10 | \$5 |
| 2 | 10:05 | 5-6 year old boys - 50m | \$15 | \$10 | \$5 |
| 3 | 10:10 | 7-8 year old girls - 75m | \$15 | \$10 | \$5 |
| 4 | 10:15 | 7-8 year old boys - 75m | \$15 | \$10 | \$5 |
| 5 | 10:20 | 9-10 year old girls - 75m | \$15 | \$10 | \$5 |
| 6 | 10:25 | 9-10 year old boys - 75m | \$15 | \$10 | \$5 |
| 7 | 10:30 | 11-12 year old girls - 100m | \$15 | \$10 | \$5 |
| 8 | 10:35 | 11-12 year old boys - 100m | \$15 | \$10 | \$5 |
| 9 | 10:40 | 13-14 year old girls - 100m | \$15 | \$10 | \$5 |
| 10 | 10:45 | 13-14 year old boys - 100m | \$15 | \$10 | \$5 |
| 11 | 10:50 | 15 year old girls - 100m | \$15 | \$10 | \$5 |
| 12 | 10:55 | 15 year old boys - 100m | \$15 | \$10 | \$5 |

Novelty Races

Novelty Races start after the running races have finished, no registration is required. Please arrive 10 minutes before your age groups allocated time.

| EVENT | TIME | EVENT NAME | 1ST | 2ND | 3RD |
|-------|-------|--|------|------|------|
| 13 | 11:05 | 7-8 year old girls - 3 Legged Race - 75m | \$15 | \$10 | \$5 |
| 14 | 11:10 | 7-8 year old boys - 3 Legged Race - 75m | \$15 | \$10 | \$5 |
| 15 | 11:15 | 9-10 year old girls - 3 Legged Race - 75m | \$30 | \$20 | \$10 |
| 16 | 11:20 | 9-10 year old boys - 3 Legged Race - 75m | \$30 | \$20 | \$10 |
| 17 | 11:25 | 11-12 year old girls - 3 Legged Race - 100m | \$30 | \$20 | \$10 |
| 18 | 11:30 | 11-12 year old boys - 3 Legged Race - 100m | \$30 | \$20 | \$10 |
| 19 | 11:35 | 13-14 year old girls - 3 Legged Race - 100mm | \$30 | \$20 | \$10 |
| 20 | 11:40 | 13-14 year old boys - 3 Legged Race - 100m | \$30 | \$20 | \$10 |
| 21 | 11:45 | 15 year old girls - 3 Legged Race - 100m | \$30 | \$20 | \$10 |
| 22 | 11:50 | 15 year old boys - 3 Legged Race - 100m | \$30 | \$20 | \$10 |
| 23 | 1:00 | 7-9 year old girls - Sack Race 75m | \$15 | \$10 | \$5 |
| 24 | 1:05 | 7-9 year old boys - Sack Race 75m | \$15 | \$10 | \$5 |
| 25 | 1:10 | 10-11 year old girls - Sack Race 75m | \$15 | \$10 | \$5 |
| 26 | 1:15 | 10-11 year old boys - Sack Race 75m | \$15 | \$10 | \$5 |
| 27 | 1:20 | 12-13 year old girls - Sack Race 100m | \$15 | \$10 | \$5 |
| 28 | 1:25 | 12-13 year old boys - Sack Race 100m | \$15 | \$10 | \$5 |
| 29 | 1:30 | 14-15 year old girls - Sack Race 100m | \$15 | \$10 | \$5 |
| 30 | 1:35 | 14-15 year old boys - Sack Race 100m | \$15 | \$10 | \$5 |
| 31 | 1:40 | Women 16 and over - 100m | \$15 | \$10 | \$5 |
| 32 | 1:45 | Men 16 and over - 100m | \$15 | \$10 | \$5 |
| 33 | 1:50 | Women 16 and over - 3 Legged Race 100m | \$30 | \$20 | \$10 |
| 34 | 1:55 | Men 16 and over - 3 Legged Race 100m | \$30 | \$20 | \$10 |
| 35 | 2:00 | Women 16 and over - Sack Race 100m | \$15 | \$10 | \$5 |
| 36 | 2:05 | Men 16 and over - Sack Race 100m | \$15 | \$10 | \$5 |

Tug o War

Tug O War will commence after the Novelty Races. Please turn up 10 mins early so you don't miss out being put on a team. Teams will be randomly picked, rules and guidelines will be given to the participants on the day.

| EVENT | TIME | EVENT NAME | 1ST | 2ND | 3RD |
|-------|------|------------|-----|-----|-----|
| 37 | 2:10 | Tug o War | | | |

Mini Highland Games

This event will start after the Tug O War so come along and have go!!! Bring a camera and get your photo taken in a kilt.

| EVENT | TIME | EVENT NAME | 1ST | 2ND | 3RD |
|--|------|-------------------------------|-----|-----|-----|
| Two teams 7-15 year old Girls and Boys | | | | | |
| 38 | 2:30 | Mini Highland Games Commences | | | |
| | | Caber Toss 9-15 year old | | | |
| | | Bucket Carry 9-15 year old | | | |
| These games will operate on a line up and participate rotation | | | | | |